

# Noninvasive Test for Tuberculosis Detection among Primates

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Traditional testing methods have limited epidemiologic studies of tuberculosis among free-living primates. PCR amplification of insertion element IS6110 of *Mycobacterium tuberculosis* from fecal samples was evaluated as a noninvasive screening test for tuberculosis in primates. Active tuberculosis was detected among inoculated macaques and naturally exposed chimpanzees, demonstrating the utility of this test.

The susceptibility to tuberculosis (TB) of nonhuman primates in captivity is established (1,2), although the extent of the disease among free-living primates remains unclear. Much of our understanding of primate TB is based on documentation of *Mycobacterium tuberculosis* transmission in captive primates (1,2), but TB caused by *M. bovis* spillover dominates among populations of free-living monkeys (3,4). Research demonstrates increases in *M. tuberculosis* complex (MTC) infections among free-ranging macaques in areas of frequent human contact and high human TB prevalence (5). The first evidence of TB in a free-living ape was reported in 2009 in West Africa; the infectious agent was identified upon routine necropsy of a chimpanzee as a novel MTC strain closely related to lineage 6 (i.e., *M. africanum* West-Africa type-2) (6).

Epidemiologic studies of TB among free-living primates have been limited by existing diagnostic technologies. Diagnosis of disease in primates traditionally relies upon procedures that identify tissue lesions or demonstrate host immune responses or upon culture of the organism (1), methods that are generally not feasible for free-living species because of the need for handling and anesthesia. To overcome this challenge, we evaluated a novel approach using molecular detection of MTC-specific DNA in noninvasively collected fecal samples. This approach has shown excellent sensitivity among humans with active pulmonary TB (7,8).

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Our objective was to evaluate the performance of PCR amplification of IS 6110 of *M. tuberculosis* in fecal samples (fecal IS6110 PCR) for noninvasive TB detection in inoculated and naturally exposed primates.

## The Study

Fecal IS6110 PCR was first evaluated by using samples from primates with known TB infection status. Fecal samples were collected from 41 adult (>4 years) cynomolgus macaques (*Macaca fascicularis*) included in experimental *M. tuberculosis* infection studies and 13 uninfected rhesus macaques (*M. mulatta*) included in diabetes studies. All experiments and protocols were approved by institutional animal care and use committees at the University of Pittsburgh School of Medicine or University of Minnesota.

For concurrent studies, 36 cynomolgus macaques were inoculated with a low or mid dose ( $\approx 25$  or 50–100 colony-forming units, respectively) *M. tuberculosis* Erdman strain by bronchoscopic instillation, as described (9); 5 animals were uninfected controls. Samples from 10 macaques that had active disease, 23 animals characterized as latently infected, and 3 infected animals classified as subclinically diseased or “percolators” (online Technical Appendix, <http://wwwnc.cdc.gov/EID/article/21/3/14-0052-Techapp1.pdf>) (9). Fecal samples were collected from all macaques on a single day, coinciding with varying durations of infection, ranging from 63 to 286 days (Table 1). The online Technical Appendix includes details on disease development and infection status classification.

Fecal IS6110 PCR was also evaluated in primates under conditions of natural exposure and infection. Fecal samples were collected from 36 juvenile and adult (7–27 y, mean 15 y) chimpanzees (*Pan troglodytes*) managed in 2 sanctuaries and 1 zoo in East Africa. Housing and management are described in the online Technical Appendix. All animals were considered to be clinically healthy during sampling. Fecal PCR results of sanctuary chimpanzees were compared with their most recent tuberculin skin test (TST) responses (10). TSTs were performed opportunistically on 27 chimpanzees during routine exams on the same day as fecal collection. For the remaining 9 animals, TST results were available from 9 months before fecal collection for 3 chimpanzees and from 2 years before for 6 chimpanzees. In addition to TST, results from the PrimaTB STAT-PAK (ChemBio Diagnostic Systems, Inc., Medford, New York, USA), a field-based serologic assay, were also available for 6 animals.

We extracted DNA from fecal samples using the QIAamp DNA Stool Mini Kit (QIAGEN, Inc., Valencia,

**Table 1.** Fecal IS6110 PCR results for detection of tuberculosis among cynomolgus and rhesus macaques, by infection status, inoculation dose, and time to sampling

Species and infection status	Inoculation dose	No. animals	Time postinoculation for sampling, mo	No. PCR positive	
<b>Cynomolgus</b>					
Active	Mid	4	2	2	
	Mid	1	5	1	
	Mid	1	6	0	
	Low	2	7	1	
	Low	1	8	1	
	Low	1	9	0	
	Latent	Mid	4	2	0
		Mid	1	5	0
		Mid	4	6	0
		Low	3	7	0
Low		4	8	0	
Low		4	9	1	
Subclinical	Low	3	10	1	
	Low	2	7	1	
Uninfected	Low	1	8	0	
	N/A	5	NA	0	
<b>Rhesus</b>					
Uninfected	N/A	13	NA	0	

CA, USA). Feces-free negative controls were included in all extraction procedures. Conventional and real-time PCR were used to amplify a portion of the IS6110 insertion sequence. Primers, master mixes, and thermocycling conditions are included in Table 2. For conventional PCR, amplicons of target size were confirmed as IS6110 by Sanger sequencing (University of Minnesota Genomics Center, St. Paul, Minnesota, USA). Nuclease-free water (QIAGEN) negative controls were included in all amplification reactions. The online Technical Appendix contains additional methodological details.

## Conclusions

Fecal IS6110 PCR was effective in identifying 5 of 10 inoculated macaques with active disease and 8 of 36 total infected macaques. No uninoculated macaques were positive by results of IS6110 PCR. Conventional PCR identified 3 actively infected macaques and real-time PCR identified 2 additional active infections. Two latently infected macaques and 1 with subclinical infection were also positive by using IS6110 PCR. Overall sensitivity for this testing method was 22% (95% Wilson CI 12%–38%) and specificity

was 100% (95% Wilson CI 82%–100%). Sensitivity of detection of active infections was estimated at 50% (95% Wilson CI 24%–76%). The latter sensitivity estimate is equivalent to that of gastric aspirate of children with radiographic evidence of pulmonary TB (11).

The observed sensitivity of fecal IS6110 PCR is limited by several factors. Unlike immunologic tests, the success of this approach relies on bacterial shedding in sputum, subsequent swallowing, and excretion in feces; hence, active infection. Thus, most latent infections may go undetected, as observed in this study. Aside from outbreaks, identifying large numbers of actively infected primates for test validation is challenging. We sampled animals in experimental infection studies, but even so, active infections were few. Also, low numbers of organisms are likely shed intermittently in feces; thus, serial testing of multiple fecal samples may improve diagnostic sensitivity. PCR may also be paired with mycobacterial culture of feces for further molecular characterization of infection (8). Overall, this study demonstrates that fecal detection of mycobacterial DNA is best suited for identifying actively infected primates, which are crucial in TB transmission.

**Table 2.** Fecal IS6110 conventional and real-time PCR master mixes and reaction conditions for investigation of noninvasive tuberculosis detection in primates

PCR type	Primers, 5' → 3'	Master mix	Reaction conditions
Conventional	Forward: TTCAGGTCGAGTACGCCTTC	12.5 µL HotStarTaq Master Mix;* 8 µL RNase-free water,* 0.4 µM of each primer, 1.25 µL DMSO, 0.25 µL 1% BSA, 1 µL DNA template. Total volume 25 µL	95°C for 15 min/DNA polymerase activation; 40 cycles: 94°C for 30 s/denaturation; 56°C for 30 s/annealing, 72°C for 1 min/extension. Termination at 72°C for 10 min
	Reverse: CGAACTCAAGGAGCACATCA		
Real-time	Forward: AGAAGGCGTACTCGACCTGA Reverse: CCGGATCGATGTGTACTGAG	LightCycler 480 Probes Master;† 0.2 mM of each primer, 0.2 mM of the FAM-labeled IS6110 probe,† 5 µL DNA template. Total volume 25 µL	95°C for 5 min; 45 cycles: 95°C for 10 s/denaturation; 56°C for 30 s/annealing; 72°C for 1 s/extension. Termination at 65°C–95°C at 2.2°C/s/melting curve analysis

\*QIAGEN, Inc., Valencia, CA, USA.

†Roche, Indianapolis, IN, USA.

TST conversion was not observed in any chimpanzees; however, IS6110 DNA was detected in 3 chimpanzee fecal samples. TST was conducted the same day as fecal sampling for 1 of these animals, 9 months before for 1 animal, and 2 years before for 1 animal. TST is a common TB screening method used in primate sanctuaries but it is limited by sensitivity and specificity (1). Although this limitation can be overcome with Bayesian methods to estimate sensitivity and specificity for test validation purposes, the challenge remains in effectively identifying populations of captive primates with TB. Unfortunately, confirmation of infection status by additional diagnostic testing modalities of the 3 fecal PCR-positive chimpanzees has been limited.

Test results for 1 fecal PCR-positive chimpanzee demonstrated an immunological response to *M. tuberculosis* antigen by using the PrimaTB STAT-PAK, but culture of a bronchoalveolar lavage (BAL) sample was unsuccessful. Another chimpanzee, positive by fecal PCR, retested positive the next year by fecal IS6110 PCR. The body size of this 14-year-old male that was historically TST negative was stunted (e.g., reduced growth) compared with other male chimpanzees of similar age.

These circumstances demonstrate the complexity of TB diagnosis and the challenges surrounding successful validation of TB tests in the natural setting. To reach a more complete understanding of diagnostic performance of fecal IS6110 PCR in a natural setting where disease prevalence is low, large-scale and long-term testing across many captive primate populations is still needed.

Fecal IS6110 PCR is a novel approach to the noninvasive detection of TB infection in primates, offering a new opportunity to screen for TB in free-living primates. IS6110 detection is advantageous for its MTC specificity, which is optimal given the known susceptibility of primates to *M. bovis*, *M. tuberculosis*, and the recently discovered strain known as chimpanzee bacillus. This approach offers new direction for the epidemiologic investigation of tuberculosis in free-living primate populations.

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## Technical Appendix

### Additional Methods

Fecal samples for IS6110 PCR were collected from 41 adult (>4 years) cynomolgus macaques (*Macaca fascicularis*) included in experimental *M. tuberculosis* infection studies and 13 uninfected rhesus macaques (*Macaca mulatta*) included in diabetes studies. Uninfected animals were housed under BSL-2 conditions; infected animals were housed in BSL-3 level facilities.

Thirty-six cynomolgus macaques were infected with a low or mid dose ( $\approx 25$  or 50–100 colony-forming units, respectively) *M. tuberculosis* Erdman strain by bronchoscopic instillation, as described (1). Infection was confirmed by tuberculin skin test (TST) conversion, lymphocyte proliferation assay, and gamma interferon enzyme-linked immunosorbent spot of peripheral blood mononuclear cells (PBMC) (1). In the cynomolgus macaque low-dose model, half of the animals develop active tuberculosis, typically 4–12 months post-infection, with substantial variability in timing and presentation of clinical signs. (1) The other half develop clinically latent infection and have no signs of disease. Included in this study were ten macaques that had developed active disease, as determined by clinical signs and disease on thoracic radiography in association with *M. tuberculosis* growth from gastric aspirate (GA) or bronchoalveolar lavage (BAL). *M. tuberculosis* culture methods have been described previously. (1) Briefly, GA sample culture was performed by the University of Pittsburgh Medical College clinical microbiology laboratory. The samples were subcultured onto LJ slants for *M. tuberculosis*. BAL samples were cultured on 7H11 plates. Twenty-three animals were characterized as latently infected based on absence of both clinical signs and *M. tuberculosis* growth with a positive TST reaction and peripheral responses to *M. tuberculosis* antigen (1). Three infected animals were classified as subclinically diseased based on the absence of clinical disease but intermittent *M. tuberculosis* growth on GA or BAL (1).

Fecal samples were collected from 36 juvenile and adult (7–27yrs, mean=15yrs) chimpanzees (*Pan troglodytes*) managed in two chimpanzee sanctuaries and one zoo in East Africa. Many chimpanzees were raised from infant stage by the sanctuaries as a result of confiscation. All are managed in social groups in indoor/outdoor housing. Human contact includes direct, intimate contact up until age 5yrs, followed by protected, close contact at older ages with regular visitation by tourists and researchers. Contact with free-ranging primate species is variable. TST is a routine tuberculosis screening test employed by the chimpanzee sanctuaries during routine examinations, offering a platform for comparison of the fecal *IS6110* PCR. In general, any TST responders are followed up with additional tuberculosis diagnostic testing (e.g. culture of BAL or GA samples).

Fecal samples were stored frozen at -80°C for 1 week to 30 months until processing. DNA was extracted using the QIAamp DNA Stool Mini Kit (QIAGEN, Inc.) according to manufacturer's instructions, with a few exceptions. First, feces (180-220mg) was added to a 2.0ml microcentrifuge tube containing 0.1mm Zirconia/Silica beads (BioSpec Products, Inc.) in addition to 1.4ml ASL Buffer, which was vortexed for 3 minutes. Additionally, water bath temperatures were increased from 70°C to 95°C. These alterations were to optimize mycobacterial cell wall lysis. Following completion of the extraction protocol, samples were stored frozen at -20°C until PCR testing.

A portion of the *IS6110* insertion sequence was amplified by conventional and real-time PCR. Primers, master mixes, and thermocycling conditions are included in Table 2. For conventional PCR, amplicons were visualized under UV illumination after electrophoresing through a 1% agarose gel containing ethidium bromide; products of target size were confirmed as *IS6110* by Sanger sequencing (University of Minnesota Genomics Center, St. Paul, Minnesota, USA).

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