

When Should I Start Getting Mammograms? — with Audio Descriptive Transcript

Audio Descriptive Text

- What would you tell your patients about drinking alcohol and breast cancer risk?
 - Question shown with logos for the United States Department of Health and Human Services and Centers for Disease Control and Prevention.
- Dr. Lisa Richardson talks about the best time for women to start getting mammograms to screen for breast cancer.
- Bring Your Brave logo.

Video Summary

CDC experts answer some frequently asked questions young women have about breast cancer and breast health. Here Dr. Lisa Richardson, an oncologist and Director of the Division of Cancer Prevention and Control at CDC, talks about the best time for women to start getting mammograms to screen for breast cancer.

Audio Script

So women at average risk would start mammograms at 50, have the mammogram every two years until they're 75 years old. If you're at high risk, such as having an abnormal BRCA1, or abnormal BRCA2 gene in your family, you would work with your provider to determine what screening recommendation is right for you.